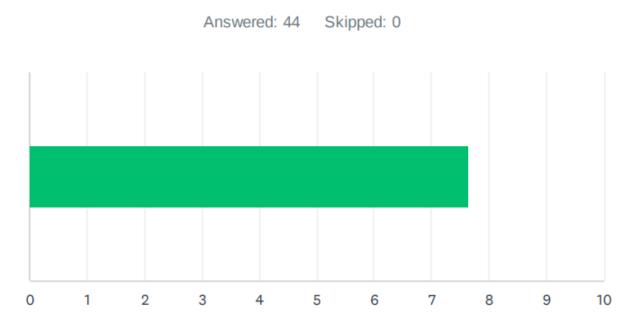


#### Balance is Better

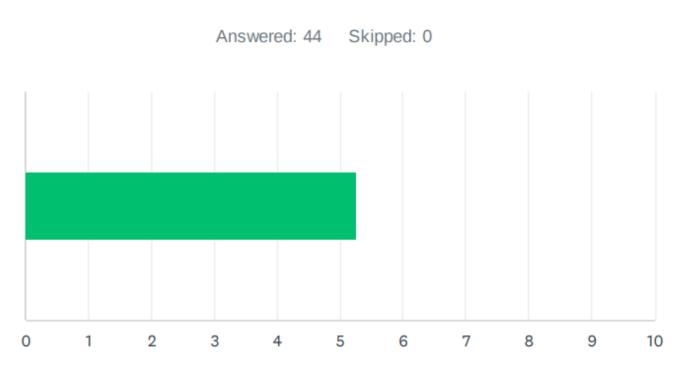
Are we aligned?

#### Q1 On a scale of 1-10, how aligned do you think your MA or DA is (as in the staff of your MA/DA) in understanding balance is better?





# Q2 On a scale of 1-10, how aligned do you think your community (parents, club/school administrators, coaches) is in understanding balance is better?



#### **Describe Balance is Better in 2 sentences**

- Encouraging multisport sport sampling 19
- Inclusive, safe, supportive environment regardless of skill level 18
- Emphasis on fun and development 8
- Prolong involvement in sport 8
- Less emphasis placed on winners 3
- More opportunities 2
- The right increases in intensity etc at the right time 2
- Holistic development 2
- Developing a system that allows for multi-sport sampling 2
- Providing better experiences for all Rangatahi



#### What are the concepts you completely understand relating to balance is better

| Encourage multisport sampling      | 18 |
|------------------------------------|----|
| Increase opportunities for all     | 14 |
| More aligned sport system          | 11 |
| Prevent early selection            | 10 |
| Development focus                  | 9  |
| Increase quality experience        | 7  |
| Managing the workload on Rangatahi | 7  |
| Prevent early specialisation       | 5  |
| Increasing enjoyment for all       | 4  |
| Increasing opportunities for all   | 4  |
| Participant centred                | 4  |



### What are the concepts you completely understand relating to balance is better

| 3 |
|---|
| 2 |
| 2 |
| 1 |
| 1 |
| 1 |
| 1 |
| 1 |
| 1 |
| 1 |
|   |



### What are the concepts/ideas that you struggle with relating to balance is better

| Attitudinal change                                | 10 |
|---|----|
| Deprioritising early selection                    | 6  |
| Deprioritising winning                            | 6  |
| More talented kids missing out                    | 6  |
| Providing better experiences for all skill levels | 5  |
| Parent education                                  | 4  |
| Collaborating with other sports                   | 3  |
| Understanding safety                              | 3  |
| When does selection become a priority             | 3  |
| Multi-sampling                                    | 2  |



## What are the concepts/ideas that you struggle with relating to balance is better

| Deprioritising grading         | 1 |
|--------------------------------|---|
| Deselection                    | 1 |
| Generalisation of age groups   | 1 |
| Getting alignment              | 1 |
| Holistic development           | 1 |
| Skill development starts later | 1 |
| Stage v age                    | 1 |
| Multi-sampling                 | 1 |
| Alignment of key messages      | 1 |

