

New Zealand Cricket COVID-19 Level 3 – Step 1 Guide

With the governments new 3 step approach to moving Auckland out of level 3, New Zealand Cricket has developed a COVID-19 guideline to assist with ensuring all participants remain safe. Your local DA/MA can provide you with support and answer any questions you may have.

General Activity Guidelines for Alert Level 3 - Step 1

- You can now meet people from **one** other household for non-contact sport (up to a maximum of 10 people).
- Maintain physical distancing (2 metres) with people outside your bubble.
- Activities must remain within your current abilities and don't pick up new activities.
- Group activities with more than one other household outside your bubble are not allowed.
- You can train at your home or outside with people from one other household only. For example, going for a run or weight training.
- Do not share equipment outside your bubble.
- Do not use playground equipment or benches in public spaces for your training.
- If you're exercising, maintain physical distancing from those outside your bubble (2 metres). Try to avoid places with a large number of people and do not arrange to meet more than one other household.
- You can travel within your region to get to a destination for sport and recreation (for example, going to a particular park or trail). Check in advance whether the place you're going to is open not all areas will be open.

Cricket Guidelines for Alert Level 3 - Step 1

- You may participate in an organized fitness session outside, in groups of up to 10 people, from up to 10 households, provided it is properly organized and run by an instructor or coach. The 10 person limit includes the instructor or coach. They must ensure all safety precautions including physical distancing, mask wearing, and prevention of equipment sharing are observed. Face coverings should be worn when not exercising. Attendees cannot use facilities to get changed, etc.
- Group activities with more than one other household outside your bubble are not allowed.
- No contact activity or sharing equipment or balls with people outside your bubble.





- Public outdoor facilities are open (i.e. outdoor parks and fields) but only for activities that meet the government protocols (no competition play) and all indoor venues must remain closed.
- You cannot play sports that involve sharing equipment. The only time that you can participate in net training (i.e., throwdowns or batting training) with people from outside your household/bubble is through a one-on-one training sessions with a coach (ensuring 2 metre social distancing, the batter hits the ball back to the coach with their bat and no equipment sharing). If equipment is accidentally shared, it should be sanitised by one designated person, and individuals should wash or sanitise their hands as soon as possible.
- Net training can be undertaken if you are with people from your household/bubble, ensure that you can maintain a 2 metre distance from others not in your household/bubble at all times.
- You should leave the field or nets immediately once you have finished your practice or training.

Where there is doubt or confusion regarding any of the above guidelines people should favour a cautious approach and refrain from the activity.

For more general COVID-19 information visit the government website: <u>https://covid19.govt.nz/</u>

For more sport specific COVID-19 information visit the Sport New Zealand website: <u>https://sportnz.org.nz/resources/play-active-recreation-and-sport-at-alert-level-3-step-1/</u>

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