

COACHING COURSES/MODULES 2018/19

SUPERSTAR CRICKET ACADEMY COACH FOUNDATION COACH ADVANCED FOUNDATION COACH MASTER FOUNDATION COACH DEVELOPMENT COACH PERFORMANCE COACH PERFORMANCE COACH PROGRAMME





SUPERSTAR CRICKET ACADEMY COACH

PLAYER LEVEL	ONLINE COACHING MODULES	ONLINE VULNERABLE PERSONS	PRACTICAL
Participants in the Superstar Cricket Academy Programme	 Superstar Cricket Academy Coach Basic Cricket Skills Superstar Cricket Academy - Stage 1 Superstar Cricket Academy - Stage 2 	IntroductionIdentifyingPolicy	 Run by Metropolitan Club or District Association Basic Skills Coaching Practice (in course)
	45-70 minutes duration	Approximately 30 minutes	60-90 minutes duration





PLAYER LEVEL	ONLINE COACHING MODULES	ONLINE VULNERABLE PERSONS	PRACTICAL
Any junior format in which a hardball is used. Different Ages-Different Stages Primary and Intermediate Junior Formats. Junior club teams Junior Secondary School teams (Year 9 & 10)	 The Coach The Team The Coaching Plan The Practice The Match Umpires, laws and scoring Junior Formats: Primary* (Optional module - *) Junior Formats: Intermediate* (Optional module - *) 	IntroductionIdentifyingPolicy	 Run by Metropolitan Club or District Association Skills and drills Coaching Practice (in course)
	90-120 minutes duration	Approximately 30 minutes	180 minutes duration



PLAYER LEVEL

Any junior format in which a hardball is used.

Different Ages-Different Stages Primary and Intermediate Junior Formats.

Junior club teams

Junior Secondary School teams (Year 9 & 10)

Different Ages-Different Stages District Association Year 7 & Year 8 teams

ONLINE COACHING MODULES

- · Coach Mentoring*
- · Coaching Spin Bowling*
- · Junior Formats: Primary*
- Junior Formats: Intermediate*
- Junior Formats: District*
- Fundamental Movement*

Approximately 30 minutes per module

*Each Module is Optional and will be Certified upon Completion

Approximately 180 minutes

Practice, Log Book)

· E-Coaching Manual

(Interactive PDF)

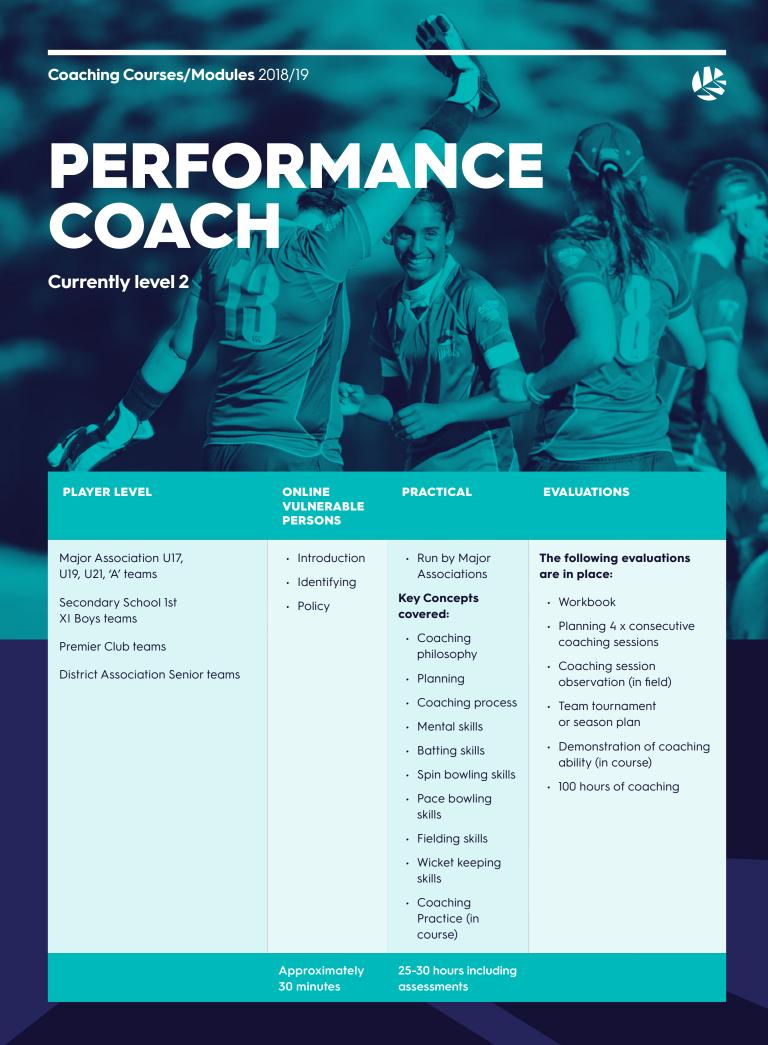
Approximately 30 minutes

3 x 180 minute modules

· Planning one

coaching session

• 50 hours of coaching





Currently level 3

PLAYER LEVEL

BLACKCAPS

WHITE FERNS

NZ U19/ Emerging Players/ NZ'A' squads

MA Senior Squads (Male and Female)

PROGRAMME THEMES AND CONTENT

- · Performance Coaching Philosophy and Culture
- · Reflective Coaching Practice and Professional Development
- Leadership
- Governance
- · Player Contracting
- · The High-Performance Player Perspective
- Planning
- · Communication, Presentation and Media Skills
- · Effective Coaching and Maximising Learning
- · Skill Acquisition
- Sports Science Mental Skills, Strength and Conditioning, Nutrition, Medical, Biomechanics...
- · Performance Analysis
- · Health and Well Being of the Coach
- Cricket Specific Content
- Turf Culture Note this is not an exhaustive list and content will also be shaped by the needs of the cohort and individuals

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3 x four-day residentials over 15 months