

COACHING COURSES/ MODULES 2018/19

**SUPERSTAR CRICKET ACADEMY COACH
FOUNDATION COACH
ADVANCED FOUNDATION COACH
MASTER FOUNDATION COACH
DEVELOPMENT COACH
PERFORMANCE COACH
PERFORMANCE COACH PROGRAMME**





SUPERSTAR CRICKET ACADEMY COACH

PLAYER LEVEL	ONLINE COACHING MODULES	ONLINE VULNERABLE PERSONS	PRACTICAL
Participants in the Superstar Cricket Academy Programme	<ul style="list-style-type: none">• Superstar Cricket Academy Coach• Basic Cricket Skills• Superstar Cricket Academy – Stage 1• Superstar Cricket Academy – Stage 2	<ul style="list-style-type: none">• Introduction• Identifying• Policy	<ul style="list-style-type: none">• Run by Metropolitan Club or District Association• Basic Skills• Coaching Practice (in course)
	45-70 minutes duration	Approximately 30 minutes	60-90 minutes duration



FOUNDATION COACH



PLAYER LEVEL	ONLINE COACHING MODULES	ONLINE VULNERABLE PERSONS	PRACTICAL
<p>Any junior format in which a softball is used.</p> <p>Any form of Superstar Cricket.</p> <p>Matches/games in which a softball is used</p> <p>(Softball is any ball which has a soft core and does not have the properties of a traditional leather cricket ball)</p>	<ul style="list-style-type: none">• Coaching Children for Fun and Success• Group Management, Communication and Feedback• Fundamental Movement• Basic Cricket Skills	<ul style="list-style-type: none">• Introduction• Identifying• Policy	<ul style="list-style-type: none">• Run by Metropolitan Club or District Association• Basic Skills• Coaching Practice (in course)
	60-90 minutes duration	Approximately 30 minutes	60-90 minutes duration



ADVANCED FOUNDATION COACH

PLAYER LEVEL	ONLINE COACHING MODULES	ONLINE VULNERABLE PERSONS	PRACTICAL
<p>Any junior format in which a hardball is used.</p> <p>Different Ages-Different Stages Primary and Intermediate Junior Formats.</p> <p>Junior club teams</p> <p>Junior Secondary School teams (Year 9 & 10)</p>	<ul style="list-style-type: none"> • The Coach • The Team • The Coaching Plan • The Practice • The Match • Umpires, laws and scoring • Junior Formats: Primary* (Optional module - *) • Junior Formats: Intermediate* (Optional module - *) 	<ul style="list-style-type: none"> • Introduction • Identifying • Policy 	<ul style="list-style-type: none"> • Run by Metropolitan Club or District Association • Skills and drills • Coaching Practice (in course)
	90-120 minutes duration	Approximately 30 minutes	180 minutes duration



MASTER FOUNDATION COACH

For Advanced Foundation Coaches who
wish to continually improve their coaching

PLAYER LEVEL

Any junior format in which a hardball is used.

Different Ages-Different Stages Primary
and Intermediate Junior Formats.

Junior club teams

Junior Secondary School teams (Year 9 & 10)

Different Ages-Different Stages District
Association Year 7 & Year 8 teams

ONLINE COACHING MODULES

- Coach Mentoring*
- Coaching Spin Bowling*
- Junior Formats: Primary*
- Junior Formats: Intermediate*
- Junior Formats: District*
- Fundamental Movement*

Approximately 30 minutes per module

**Each Module is Optional and will be Certified upon Completion*



DEVELOPMENT COACH

Replaced Level 1

PLAYER LEVEL	ONLINE COACHING MODULES	ONLINE VULNERABLE PERSONS	PRACTICAL
<p>Major Association U15 teams</p> <p>District Association U15/ U17/U19 teams</p> <p>Senior club and youth hardball grades</p> <p>Secondary school and 1st XI girl's teams</p> <p>Different Ages-Different Stages District Association Year 7 & 8 teams</p>	<ul style="list-style-type: none"> • Role of the Coach • Coach Philosophy and Planning • Skill Acquisition • Practice Sessions • Umpiring and scoring • Growth and Maturation (combined online/ practical) • Junior Formats: District* (Optional module - *) • Coach's Training Diary (Match, Practice, Log Book) • E-Coaching Manual (Interactive PDF) 	<ul style="list-style-type: none"> • Introduction • Identifying • Policy 	<ul style="list-style-type: none"> • Run by Major Associations and some District Associations • Skills, Drills – Batting, Pace Bowling, Spin Bowling, WK, Fielding • Growth and Maturation • Coaching Practice (in course) <p>Coaching Practice</p> <ul style="list-style-type: none"> • Coaching Session Observation (in field) • Planning one coaching session • 50 hours of coaching
	Approximately 180 minutes	Approximately 30 minutes	3 x 180 minute modules



PERFORMANCE COACH

Currently level 2

PLAYER LEVEL	ONLINE VULNERABLE PERSONS	PRACTICAL	EVALUATIONS
Major Association U17, U19, U21, 'A' teams Secondary School 1st XI Boys teams Premier Club teams District Association Senior teams	<ul style="list-style-type: none"> • Introduction • Identifying • Policy 	<ul style="list-style-type: none"> • Run by Major Associations <p>Key Concepts covered:</p> <ul style="list-style-type: none"> • Coaching philosophy • Planning • Coaching process • Mental skills • Batting skills • Spin bowling skills • Pace bowling skills • Fielding skills • Wicket keeping skills • Coaching Practice (in course) 	<p>The following evaluations are in place:</p> <ul style="list-style-type: none"> • Workbook • Planning 4 x consecutive coaching sessions • Coaching session observation (in field) • Team tournament or season plan • Demonstration of coaching ability (in course) • 100 hours of coaching
	Approximately 30 minutes	25-30 hours including assessments	



PERFORMANCE COACH PROGRAMME

Currently level 3

PLAYER LEVEL	PROGRAMME THEMES AND CONTENT
BLACKCAPS WHITE FERNS NZ U19/ Emerging Players/ NZ'A' squads MA Senior Squads (Male and Female)	<ul style="list-style-type: none">• Performance Coaching Philosophy and Culture• Reflective Coaching Practice and Professional Development• Leadership• Governance• Player Contracting• The High-Performance Player Perspective• Planning• Communication, Presentation and Media Skills• Effective Coaching and Maximising Learning• Skill Acquisition• Sports Science – Mental Skills, Strength and Conditioning, Nutrition, Medical, Biomechanics...• Performance Analysis• Health and Well Being of the Coach• Cricket Specific Content• Turf Culture Note – this is not an exhaustive list and content will also be shaped by the needs of the cohort and individuals <p><i>Note – this is not an exhaustive list and content will also be shaped by the needs of the cohort and individuals</i></p>
3 x four-day residentials over 15 months	