TITLE OF POSITION: High Performance Nutritionist

POSITION TYPE: .5 FTE (1-year fixed term contract)

TEAM: High Performance Unit

REPORTS TO: High Performance Strength and Conditioning Manager

LOCATION: Lincoln

DATE ESTABLISHED: July 2017

AIM OF NEW ZEALAND CRICKET

Cricket will be a game for all New Zealanders; a game without barriers – a game that can be played anywhere, by anyone. Whatever the individual circumstances, Kiwis will be given every reason to celebrate and engage with cricket as their game, for life.

A High Performance culture, underpinned by quality people, systems and facilities will produce winning BLACKCAPS and WHITE FERNS that inspire the nation and represent the best of New Zealand’s values and culture. Cricket will be one family, built on a sustainable financial model, and with a quality and consistency of governance that nurtures the game at Community level and provides pathways towards success on the international stage.

NZC will take a global approach and perspective to all our activities for the betterment of the game in New Zealand. With around seventy employees plus a number of seasonal contractors, we’re based across the Lincoln High Performance Centre in Christchurch and the Auckland Support Services Office. We’re a passionate and enthusiastic team committed to living and breathing our core Values:

• Inclusivity
• Respect
• Tenacity
• Optimism
• Fun

PURPOSE OF THE POSITION

• To develop a NZC performance nutrition strategic framework
• To deliver performance nutrition to NZC players in central programs
• To educate and manage the safe use and allocation of performance based supplementation within the NZC network

TASK DESCRIPTION (Prime Responsibilities)

<table>
<thead>
<tr>
<th>Key Task</th>
<th>Expected Outcome</th>
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</thead>
<tbody>
<tr>
<td>Education</td>
<td>• Develop a NZC high-performance nutrition strategic framework which is aligned to the NZC combined strategy</td>
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<td>• To develop a performance nutrition curriculum based on food first principles specific to the requirements of elite cricketing men and women’s needs (e.g., timing and length of formats, travel demands, playing demands)</td>
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<td></td>
<td>• Delivery of nutrition curriculum to NZC central programs</td>
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<tr>
<td>Player development</td>
<td>• Provide individual nutrition support for identified BLACKCAPS, WHITE FERNS, NZC Players of Interest and U19s players, as required</td>
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<td>• Contribute to player Individual Performance Plan (IPP) development from a nutrition perspective</td>
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<td>• Provide team nutritional advice and support to NZC identified teams (e.g., recovery protocols etc)</td>
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<td>• Attend major association and NZC meetings and forums as reasonably requested</td>
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<td>• Contribute meaningfully to the implementation of NZC high-performance strategies for the overall benefit of high-performance cricket within New Zealand.</td>
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<td>• Develop relationships/networks with NZC and other major association staff to contribute to the NZC high-performance programme; specifically, the creation of a pool of knowledge that supports the improvement of the NZC HP team, rather than just individual areas.</td>
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<tr>
<td>Supplementation/Anti-doping</td>
<td>• Develop and manage NZC supplementation policy that is relevant to the needs of cricket athletes</td>
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<td>• Education of athletes, national teams, and high-performance staff on supplementation</td>
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<td></td>
<td>• Delivery of NZC anti-doping education to all NZC cricketers in conjunction with DFSNZ</td>
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</tbody>
</table>
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</table>
| Leadership        | • Establish a NZC major association performance nutrition network for their own delivery  
|                   | • Provide guidance, advice, and support to NZC major associations where required  
| Health and Safety | Comply with all workplace health and safety obligations by meeting the requirements of the Health and Safety at Work Act. This includes:  
|                   | • following all reasonable health and safety rules and instructions;  
|                   | • taking reasonable care for your own health and safety at work and the health and safety of others;  
|                   | • taking reasonable care that your acts (or omissions) do not adversely affect the health and safety of yourself or others;  
|                   | • co-operating with any reasonable policy or procedure from NZC, including wearing any necessary personal protective equipment and clothing;  
|                   | • reporting any potential or actual risks, injuries, work-related illnesses and incidents (including near misses) so NZC can investigate, and eliminate or minimise harm or risk of harm. |

Working Experience:

**Essential:**
- Previous experience in high performance environments

**Preferred:**
- Previous experience in elite cricket environments

Skills and Knowledge:

**Technical Skills (Specific Job Skills):**
- Specific knowledge of high performance nutrition in sport  
- Knows how to communicate effectively with players

**Professional Knowledge:**
- Ability to work in an integrated model of high performance, collaborating and sharing information with coaches, medical, and sports science staff

Qualifications:

**Essential:**
- Registered Nutritionist (Nutrition Society) or Registered Dietitian (Dietitians Board)  
- ISAK Level 1 qualification  
- Current New Zealand driver’s licence  
- Must be legally entitled to work in New Zealand

**Preferred:**
- IOC Diploma in Sports Nutrition or working towards it

Personal Attributes:

- Commitment to NZC brand, culture and Values  
- Is passionate about cricket  
- Seeks feedback  
- Treats all athletes equitably, doesn’t give preferential treatment  
- Keeps confidences  
- Practices what they preach
**PERSONAL ATTRIBUTES:**

- Creates trust and commands respect
- Motivational and inspiring
- Listens to athletes
- Provides consistent messages to athletes
- Is honest with the team and always in a positive way
- Has a sense of humour
- Has a high work ethic
- Shows selflessness and understands that the ‘game’ is bigger than any individual
- Willing and able to work in the best interest of NZC
- Must be able to travel domestically and balance work/life priorities

**Delegations of Authority**

<table>
<thead>
<tr>
<th>Delegation</th>
<th>Authority</th>
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</thead>
<tbody>
<tr>
<td>Operational Expenditure</td>
<td>Yes</td>
</tr>
<tr>
<td>Authorisation to Hire</td>
<td>No</td>
</tr>
<tr>
<td>Authorised to sign Contracts</td>
<td>No</td>
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</table>

**Responsible For / Relationships:**

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>No. of Staff</td>
<td>0</td>
</tr>
<tr>
<td>Internal relationships</td>
<td>NZC high performance teams</td>
</tr>
<tr>
<td>External relationships</td>
<td>NZC players in central programs, major association high performance teams and coaches</td>
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</tbody>
</table>

Signature of Job Holder

Date signed