



# RAISING A CHAMPION

Presented by Canterbury Country Cricket Association and Christchurch Metro Cricket Association

# Welcome and Introduction

### Objectives of this session:

- Introduce new information
- Challenge thinking
- Up to date snap shot of where cricket is at
- Pave the way forward

# Video 1

Please watch this video

Afterwards, please discuss with the person next to you, how this video made you feel?

https://www.youtube.com/watch?v=GC2Rp9Z6jgE

# GOOD SPORTS SPINE

The Good Sports Spine is a tool to help parents, coaches, teachers and sport administrators understand how they impact children's sport experiences. The two different 'climates' should be seen as opposite ends of a continuum. To support children to have positive sporting experiences, adults should aim to always fall under the Climate of Development.

## Climate of Performance

Attitudes & Behaviours

### Winning & Losing

Focus on results Mistakes to be avoided Recognise ability

#### Only the Best Matter

Playing favourites Selective support Encouraging gossip & rumour

#### Strict Adult Control

Adults make all decisions Mistakes immediately corrected Dismiss children's ideas

#### **Performance Training**

Repetitive drilling Direct instruction Punishment & reward

#### Early Specialisation

Single sport focus Year round training Pressure to select one sport

### CHILDREN'S NEEDS

### **INSPIRATION**

Growth mindset Process focus Coping skills

### CONNECTION

Support Sense of belonging Trust & fairness

#### **EMPOWERMENT**

Ownership Self-direction

### PLAY

Opportunity Imagination Fundamental movement skills

### **VARIETY**

Sampling Appropriate structure

#### Climate of Development

Attitudes & Behaviours

#### Effort & Improvement

Focus on getting better Mistakes necessary for growth Recognise effort and trying

#### **Everyone Matters**

Including everyone Unconditional support Encourage friendship & care

#### **Kids Share Control**

Children involved in decisions Time to correct own mistakes Recognise children's idea

#### Learning Through Play

Modified games Discovery approach Smart questioning

#### Late Specialisation

Trying out multiple sports Balance with school and friends Waiting to select one sport

# Good sports influencing cricket

'Year 6 Mandeville tournament' became 'Year 7 2019 Festival'

The major differences to the format of this festival in comparison to old tournament were:

- Coaching component on first two mornings followed by T20 'scrimmage' matches in the afternoon
- Last two days were 30 over matches
- Anyone who wanted to play could play
- 14 teams involved in total (usually only 7 from CJCA and CCCA)
- No points tables or tournament winners
- Inclusive format (retirements, grace period and last man stands)

# Feedback from some parents and coaches before the festival:

'This isn't 'rep' 'How will my son cricket' be extended?' 'The players won't enjoy it' 'It wont work'

Feedback from some parents and coaches after the festival:

'My son had a heap of fun'
'I learnt heaps off the other coaches I worked with'

'My son got coached by some awesome coaches'

'Our team loved the experience'

# Good sports influencing cricket

year 8 2019 Tournament



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#### Climate of Performance Attitudes & Behaviours

#### CHILDREN'S NEEDS

#### Climate of Development Attitudes & Behaviours

Focus on getting better

Effort & Improvement

Mistakes necessary for growth

Recognise effort and trying

**Everyone Matters** 

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Selective support

#### INSPIRATION Growth mindset

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#### CONNECTION

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Opportunity

Imagination Fundamental movement

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Year 7 2019 Festival

# Good sports influencing cricket

The following were some differences that were observed between the year 7 2019 festival and the year 8 2019 Mandeville tournament:

Year 7 2019 Festival	Year 8 2019 Tournament
Parents from both teams sat together	Parents from both teams sat apart
Coaches helped coach players from opposition teams	Coaches in some cases put down or under mined players and coaches from opposition teams
Parents didn't question umpiring decisions	Parents were seen to yell at umpires and even at one case a parent stormed the field in opposition to an umpiring decision
Coaches mixed batting line ups and bowling changes from day to day	Some coaches kept the same batting order and used some players to bowl more than other players for the whole tournament
Coaches focused on player development	Coaches focused on winning

From the observations above, what would create the most enjoyable experience for the <u>players</u>?

# What does research tell us?

# Balance is better

### THE ISSUES:

1.

Childhood success is not a reliable predictor of future success

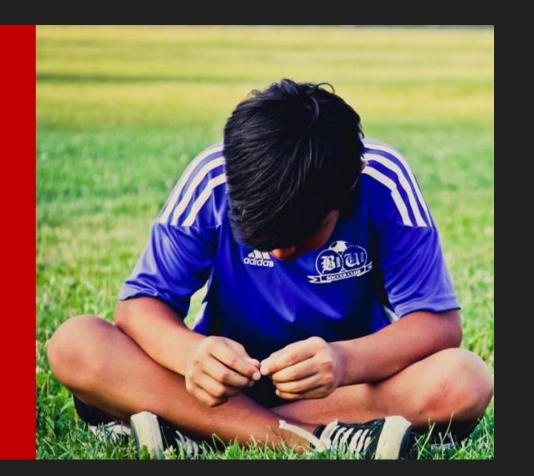
2.

Identifying athletes early and specialising early is taking its toll on young people 3.

A focus on winning rather than development

# What does research tell us?

"A focus on winning often comes at the expense of a child's enjoyment & continued participation. Where sports are continuing to offer inflexible, performance focused sporting products – kids and parents are leaving""



# Video 2

Please watch this video

Afterwards, please discuss with the person next to you, how the parents in this video may affect their child's continued engagement with sport?

https://www.youtube.com/watch?v=GC2Rp9Z6jgE

# What is fun?

What do we think makes sport fun for children?

# What is fun?

Discuss the handout with a new person that you haven't met today.

WHY IS SPORT FUN DOC: https://t2m.io/qCv6Orxo

# Action Plan – Build accountability

Your role as a parent/caregiver is vital. The affect you have on a child can be the make or break for their long term engagement with sport and recreation.

Please get into a small group of 4 or 5 people and create an action plan of:

- What behaviours you will perform that will encourage your children to continue to participate in sport?
- How will you champion the good sports spine amongst other parents and caregivers?